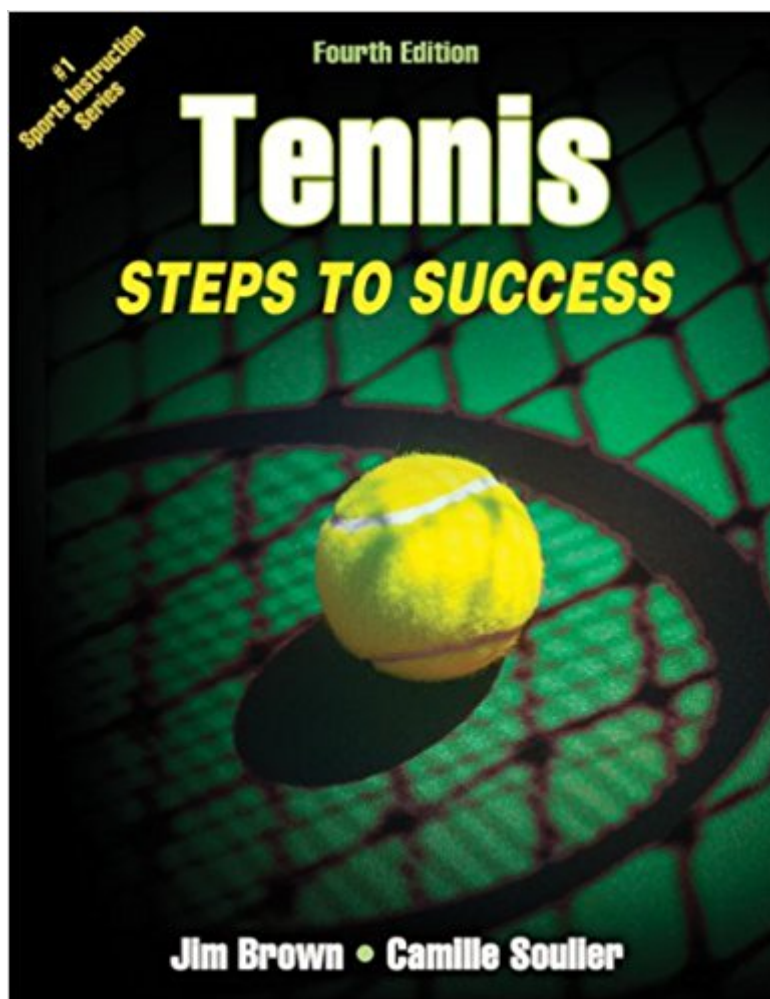


The book was found

Tennis: Steps To Success-4th Edition



Synopsis

Master the essential skills, take the court with confidence, and ace the competition! Tennis: Steps to Success provides in-depth, progressive instruction and accompanying full-color photos for each stroke. From forehand to backhand, serve to volley, this popular guide has you covered. Practice and improve those techniques with more than 80 drills that feature a unique scoring system to gauge and accelerate your progress. After mastering the skills, add tactical knowledge to make the right shots in match situations and achieve on-the-court success. You'll learn how to neutralize your opponent's strengths, recognize weaknesses, force errors, and capitalize on every opportunity. Whether playing singles or doubles, you'll have the skills, strategies, and confidence to ace the competition. Become the player you always wanted to be. As part of the popular Steps to Success Series, which has sold more than 2 million copies worldwide, Tennis: Steps to Success will take your performance to new heights in all facets of the game. v

Book Information

Paperback: 224 pages

Publisher: Human Kinetics; 4 edition (April 18, 2013)

Language: English

ISBN-10: 1450432085

ISBN-13: 978-1450432085

Product Dimensions: 0.5 x 8.5 x 11 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (2 customer reviews)

Best Sellers Rank: #481,637 in Books (See Top 100 in Books) #31 in Books > Sports & Outdoors > Coaching > Tennis #156 in Books > Sports & Outdoors > Individual Sports > Tennis #190 in Books > Sports & Outdoors > Racket Sports

Customer Reviews

Excellent book. Also, as usual, great price and fast pricing by .IF YOU are a beginning Tennis Player, you should read this book from cover to cover!!!!The Human Kinetics Series of Publications are superior for the sports that they issue publications for.

All right. Great book !When I first viewed the book, I said it will be so difficult to understand. But now, I believe that it is logical and easy !

[Download to continue reading...](#)

Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do To Greatly Improve Your Tennis Game (The Best Strategies Exercises Nutrition & Training For Playing & Coaching The Sport of Tennis) Tennis: Top 5 Strategies How to win more matches, How to Play Tennis,Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) Archery-4th Edition: Steps to Success: II (Steps to Success Sports) Archery 4th Edition: Steps to Success (Steps to Success Sports) Tennis: The Ultimate Guide To Tennis - Master The Fundamentals Of Tennis And Level Up Your Game In 7 Days Tennis: Steps to Success-4th Edition Field Hockey: Steps to Success - 2nd Edition (Steps to Success Sports Series) Squash: Steps to Success - 2nd Edition (Steps to Success Activity Series) Fencing: Steps to Success (Steps to Success Activity) Volleyball: Steps to Success (Steps to Success Activity Series) Racquetball: Steps to Success (Steps to Success Sports Series) Racquetball: Steps to Success (Steps to Success Activity Series) Tennis: Steps to Success, 4E Table Tennis: Steps to Success International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide Tennis Strategies: The Top 100 Best Things That You Can Do to Greatly Improve Your Tennis Game Tennis Fitness for the Love of it: A Mindful Approach to Fitness for Injury-free Tennis The Tennis Drill Book (Tennis Drill Book, Paper) The Tennis Book: The Illustrated Encyclopedia of World Tennis Tennis Strings Made Easy: All you need to know about Tennis Strings

[Dmca](#)